

# Further reading and info

For walk leaders

## On our website

Our section of practical advice contains a general introduction to maps, navigation, outdoor footwear, clothing and equipment, health and safety.

[www.ramblers.org.uk/info/practical](http://www.ramblers.org.uk/info/practical)

For general information on walking, see the Information section, especially Walking in Britain.

[www.ramblers.org.uk/info/britain](http://www.ramblers.org.uk/info/britain)

For a list of independent training courses, including specialist first aid courses, see our Education contacts.

[www.ramblers.org.uk/info/contacts/education.htm](http://www.ramblers.org.uk/info/contacts/education.htm)

## Books

**Leading and Managing Groups in the Outdoors 2nd edition by Ken C Ogilvie, ISBN 1 898555 09 5. Available from the Institute for Outdoor Learning, £18.95**

Revised edition of a textbook first published in 1993. Covers leading groups undertaking a wide range of outdoor activities, not only walking but climbing, canoeing etc, and leading children and young people as well as adults. Includes material on risk assessment and the legal framework. [2005]

**Navigation for Walkers by Julian Tippett, ISBN 1 871890 54 3. Available from the Ramblers Bookshop, £8.99.**

An indispensable guide to starting to navigate using a map and compass. Ideal for beginners, the book guides in a step-by-step format and is fully illustrated in colour throughout. Ideal for beginners or those who need a reminder!

## Training

The Walking Group Leader award for leaders of groups in non-mountainous terrain is recognised by the Duke of Edinburgh's Award, the Scout and Guide Associations and others. MLTUK oversees courses, and also offers training for leaders in more demanding environments.

<http://www.mltuk.org/docs/training-wgl.html>

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