



Start/End Llantwit Major station

Where Circular walk round north of Llantwit - via Frampton + Llanmaes.

Distance 4 1/2 miles

Walk type

Walk combines urban and rural with heritage and environmental features.

Time ?

Map - Explorer 151

Terrain + Accessibility Gentle gradients but quite a few stiles.

Risk Assessment (a) As an example - traffic in town's narrow streets

(b) muddy during wet weather.

(c) animals - bullocks can sometimes be a nuisance.

Navigation Straightforward - Level 1.

Fitness + Accessibility - Probably No 2. (Easy)