

RAMBLERS' ASSOCIATION: ABERYSTWYTH GROUP WALKS PROGRAMME : 1st November 2017 to 1st May 2018 (Final)

Date	Time at Peacocks	Walk Description	Grade/Miles	Start Time	Start Place	Grid Ref.	Leader(s) / Contact telephone
Wed 01-Nov-17	2:00 PM	On the first & third Monday of each month, there will be a short leisurely walk of 1 - 2 miles (no stiles) in and around Aberystwyth, Borth, Ynyslas, Nant yr Arian, Devils Bridge and Aberaeron. Refreshments during or end of walks at a local café.		2:00 PM	Peacocks, Ystwyth Retail Park, Park Avenue. Please ring Anne 24-48 hrs before the walk so that Anne can gauge & select the most suitable walk for the walking group		Anne MacMillan 01970 624475
Sat 04-Nov-17	9:00 AM	New Precipice Walk from Penmaen Pool across the Toll Bridge and along the New Precipice Walk to Llanelltyd and back along the old railway line to Penmaen Pool	C+ 6	10:30 AM	Penmaen Pool Car Park	SH 696185	Elizabeth Thompson Tel : 07763196608
Sun 05-Nov-17	10:00 AM	South from Bwlch Nant yr Arian to Bwa Drain, Gelli, Hafodau, Penrhiwlas	C+ 6	10:30 AM	Bwlch Nant yr Arian Visitor Centre (Parking fee)	SN 718813	Malcolm Tunley 01970 828565
Sat 11-Nov-17	9:30 AM	Circular from Abergynolwyn to Castell y Bere, Llanfihangel-y-pennant, Nant yr Eira return to start	B 6	11:00 AM	Car park in middle of Abergynolwyn opposite Railway Inn.	SH 677069	Isobelle McGuinness Tel 01970 612890 / 07751383716
Sun 12-Nov-17	10:00 AM	Pen y garn, Ruel Isaf, Llandre, Pwllglas, Pen y Banc, Cwm Cae, Bryngwyn Isaf, Rhydpennau	C+ 6	10:30 AM	North side Maes Ceiro, Bow Street (park considerately please).	SN 625854	Malcolm Tunley 01970 828565
Sat 18-Nov-17	8:00 AM	Machynlleth Station 0852 train to Llwyngwrl arr 0940 . Walk coastal path to Barmouth. 1454 or 1656 train to Mach. BRING BUS PASS AS THIS GIVES YOU FREE TRAIN TRAVEL.	C+ 10	8:45 AM	Machynlleth Station .	SH 745014	Dave Taylor Tel 01970 828815 / 07831 735208
Sun 19-Nov-17	9:30 AM	Wynford Vaugh Thomas's viewpoint, Aberhosan	B - 6	10:30 AM	Aberhosan Bus Stop	SN 810974	Rob & Mary Osborne 01974 251282
Wed 22-Nov-17	7:30 PM	Aberystwyth Ramblers Group AGM to meet at 7:30pm at St Pauls Methodist Centre, Queens Road, Aberystwyth. Speaker: Dr Stephen Tooth - Subject: Patagonia south to Tierra del Fuego					
Sat 25-Nov-17	8:45 AM	Waterfalls, goldmines, forests and fields (via Tyddyn Mawr, Abergeirw, Pant Glas, Bryn-y-Gath, Bedd-y-coedwr). CONTACT LEADER IF GOING	C+ 9	10:00 AM	Tyddyn Gwladys car park, Coed y Brenin. (Turn right at N end of Ganllwyd, follow forest road 1.5 miles)	SH 735263	Jacky Cross Tel: 01654 761561 or 07929 062412
Sun 26-Nov-17	9:00 AM	Darganfod Dyfi - Cae Adda -over fields and rough tracks with some steep sections. CONTACT LEADER IF GOING AS PARKING IS LIMITED.	B 7	10:30 AM	Dovey Valley Shooting Centre car park	SH 804050	Iris Richards Tel: 01970 820024
Sat 02-Dec-17		Ceredigion Area AGM and Walk. Meeting at Trinty Church Hall Aberaeron at 1.00pm. The morning Walk Details to be circulated .				SN	Chris Hodgson 01970 617827
Sun 03-Dec-17	10:30 AM	Tanybwlech Beach, Alt Wen, Llanfarian, River Ystwyth Path, Tanybwlech	B+ 6	10:30 AM	Tanybwlech Beach	SN 579806	Elizabeth Thompson Tel : 07763196608

Sat	09-Dec-17		Catch 512 Bus to Llandre @ 10.44am - Stand 2 at Aber bus station. From Llandre church, walk lanes and fields to Upper Borth. Walk into Borth to start of coastal path for short distance. Take footpath by Leri, over railway crossing, beach & back into Borth	C+ 7	11:20 AM	Llandre Church car park	SN 623868	Pat Sani Tel 01970 828018 / 07505038474
Sun	10-Dec-17	10:00 AM	Black Covert, Coed Alltffedw, old railway to Pen-y-banc and return along river	C 6	10:30 AM	Black Covert Car Park	SN 667729	Jill Venus Tel: 01974 272628
Sat	16-Dec-17	10:00 AM	Circular Walk - Old Station Yard Llanilar - Pen Lan - Tynreithyn - Lletymoel - Rhos y Garth - Ty Nant - Cwmclyd - Coedllys - 30 Cwmaur for Mince Pies Tea and Coffee - Old Station Yard	C+ 8	10:30 AM	Old Station Yard Llanilar	SN 626753	Jan & Ken Young Tel: 01974 241342 / 07812 671335
Sun	17-Dec-17	9:30 AM	Cwm Rheidol, Hafodau Cottage, Bwa-Drain, Llyn-yr Oerfa, Glyn Rheidol, Rheidol Falls, Cwm Rheidol Reservoir	B 7	10:00 AM	Cwm Rheidol Picnic Area Lay-By (on Right just before Visitor Centre)	SN 695796	Bill Green Tel: 01970 832663
Mon	01-Jan-18	10:00 AM	New Years Day Walk - A walk through Hafod followed by tea at the Hafod Arms Hotel	C+ 6	10:45 AM	Car Park By Hafod Church	SN 768737	Chris Hodgson 01970 617827. John Morgan 01970 832525
Sun	07-Jan-18		All meet at Northend of Aberystwyth Promenade at 10.30am for walk over Constitution Hill area followed by tea/coffee and cake at Glynne's. PLEASE CONTACT LEADER IF GOING	C 5			SN	Glynne Jones Tel 01970 625244
Sat	13-Jan-18	9:30 AM	Circular walk around Strata Florida and environs from Coed y Bont	C+ 6	10:15 AM	Coed y Bont car park	SN 733661	Susan West Tel: 01970 611805
Sun	14-Jan-18	10:30 AM	Heol y Bryn, Penglais Nature Park, past golf course to Cwm Woods, then Coast Path to Y Consti and descent to Aberystwyth.	C 5		All meet at Peacocks		Michael and Val Deaville Tel: 01970 832937
Sat	20-Jan-18	9:00 AM	Cellan circular walk	C+ 5	10:15 AM	Millennium Hall, Cellan	SN 604489	Timothy Cutts / Haydn Foulkes 01970 617506 ; 01970 828889
Sun	21-Jan-18	9:45 AM	Tanybwlich Beach, River Ystwyth Path, Pendinas, River Rheidol Path, Harbour.	C+ 6	10:00 AM	Tanybwlich Beach	SN 579806	Judith Thomas Tel : 01970 822882
Sat	27-Jan-18	9:30 AM	Woodland tracks and lanes around Llanarth with option of refreshments in Aberaeron at conclusion of walk	C+ 6	10:30 AM	Llanarth Garden Centre car park	SN 412574	David Billingsley 01970 871057
Sun	28-Jan-18	9:00 AM	Fusion of Y Fuwch & Ridgetop Trails from Bwlch Nant yr Arian including mine leat walk with good views & mine storage lakes of Llyn Syfydrin & Llyn Blaenmelindwr	C+ 7	9:30 AM	Top carpark of Bwlch Nant yr Arian Visitor Centre	SN 717813	Stephen Hughes Tel:- 01970617644
Sat	03-Feb-18	9:30 AM	Annual Lunch at Brigands Inn, Mallwyd with circular walk - Mallwyd - Pont Mallwyd - Bryn Ffynnon - Maes y Camian - Meirion Mill Dinas Mawddwy - Beudy Newydd - Pen - y - Graig - Pont Wrysgen - Ysgubor Fawr - Brigands Inn	C+ 5	10:30 AM	Car Park at Brigands Inn, Mallwyd Email Leader to book food by 19th Jan 2018 at:- janyoung01@hotmail.com	SH 865125	Jan & Ken Young Tel: 01974 241342 / 07812 671335
Sun	04-Feb-18	9:00 AM	Hafod Estate woodlands and waterfalls. Circular	C+ 6	10:00 AM	Hafod carpark	SN 767736	Penny Miller Tel: 01970 627379 / 07732688910

Sat	10-Feb-18	9:30 AM	Moelyllyn and Foel Goch circular	B+ 9	10:15 AM	Cwm Einion Picnic area (Ystrad Einion)	SN 707940	Wyck G Lohman 01545 560499
Sun	11-Feb-18	9:00 AM	Nant Y Arian Car Park, Pen Darren, Llyn Blaenmelindwr, Llyn Rhosgoch, Banc Llety Spence, Llyn Pendam, Llyn Syfydrin, and back to Nant y Arian.	C+ 9	9:30 AM	Nant Y Arian Car Park	SN 718814	Jill Venus Tel: 01974 272628
Sat	17-Feb-18		1010 T5 bus Aber bus station to New Quay. Walk Ceredigion Coast Path to Aberaeron. T5 & T1 buses back to Aber at XX18 & XX48. At moment both services are free to all at weekends.	C+ 6	10:00 AM	Aber bus station stand near to Pizza shop.	SN 585 81	Dave Taylor Tel 01970 828815 Denise Jones Tel 01970 828752
Sun	18-Feb-18	9:15 AM	Pontrhydygroes B-DB-P Trail to Hafod past Hafod Church, Footpath over Graig Ddu and Rhos Fawr, path at Tynllidiart to Rhosyrhiw and to Pont. One short section of path is overgrown.	B- 7	10:00 AM	Pontrhydygroes by Water Mill/Café	SN 738722	Stephen Johnson Tel : 07873 336697
Sun	25-Feb-18	9:00 AM	Two Valleys & a Bothy Walk. From Pont yr Elan to Cefn Bach, Cefn Nannerth, Lluest Penrhiw, Rhyd Garreg, Geufron Ridge to New Bothy at Lluest Cwm Bach, return to Pont yr Elan	B 8	10:15 AM	Pont yr Elan car park MUST CONTACT LEADER IF GOING	SN 903715	Chris and Dwynwen Belsey Tel 01970 820166
Thur	01-Mar-18		Summer Walks Programme 2016 Please submit your walks (if you have not already done so) for the Summer Walks Programme to pendinas4@gmail.com					
Sat	03-Mar-18	9:00 AM	North Ceredigion Mines, Leats & Lakes. Esgair Fraith & settlement to north shore of Nant-y-Moch around Cefn yr Esgair & to three Lakes at Angler's Retreat & back to Esgair Fraith.	C 9	9:40 AM	Esgair Fraith Mine	SN 733912	Stephen Hughes Tel:- 01970617644
Sun	04-Mar-18	9:30 AM	From the Miners'Bridge-a scenic walk in the Ystwyth following tracks & woodland paths towards Llanafan. Tea at the Cwtch afterwards.	C+ 8	10:15 AM	Pontrhydygroes by old water wheel.	SN 738722	Sue Matthews-Fisher Tel: 07534889768
Sat	10-Mar-18	8:45 AM	Circular walk around Llys y Fran. Contact Leader If Going	C 7	10:30 AM	Llys y Fran visitor centre car park	SN 041245	Susan West Tel: 01970 611805
Sun	11-Mar-18	9:00 AM	A circular involving a short car shuttle. Taking in Castell Llwyd, a short diversion to Pentre Ifan, through Tycanol nature reserve and back along the Afon Clydach and Nevern.	B 8	10:30 AM	Trewern Arms, Nevern To leave some cars and shuttle to start	SN 083398	Isobelle McGuinness Tel 01970 612890 / 07751383716
Sat	17-Mar-18	12:00 AM	0830 train from Aber. to Dyffryn Ardudwy changing at Dyfi Junc. (0852 from Mach). Walk from Dyffryn to Harlech via Llanbedr. 1630 train to Aber arr 1825. BRING BUS PASS AND CONTACT LEADER FOR TICKET INFORMATION	C+ 9	8:20 AM	Aber Station	SN 585815	Dave Taylor Tel 01970 828815 / 07831 735208
Sun	18-Mar-18	9:45 AM	Borth, Llandre, Dolybont circular	C+ 6	10:30 AM	Car Park Opposite Bryn Owen Caravan Park, Borth.	SN 608889	Roy Haynes Tel: 01970828914
Sat	24-Mar-18	9:00 AM	Llandinam circular. Cobblers gate, Cwnffrwd, around Moel Iart, Little London	B 7	10:00 AM	Llandinam public car park	SN 026884	Penny Miller Tel: 01970 627379 / 07732688910

Sun	25-Mar-18	9:00 AM	South of Dylife - Glyndwr's Way (W), Bryn yr Wyn, Cefn Llwyd, Hafod Cadwgan, Glyndwr's Way (N). Bring two bin-bags for stream crossing. CONTACT LEADER IF GOING.	C+ 9	10:00 AM	Parking area at road junction near Star Inn, Dylife	SN 861940	Jacky Cross Tel: 01654 761561 or 07929 062412
Wed	28-Mar-18	12:30 PM	Aberaeron - Aberarth circular walk, followed by tea in Aberaeron.	C+ 4	1:30 PM	Outside Feathers Hotel Aberaeron	SN 460627	Chris and Dwynwen Belsey Tel 01970 820166
Sat	31-Mar-18		SUMMER WALKS PROGRAMME - FINAL DATE FOR SUBMITTING YOUR WALKS FOR THE SUMMER PROGRAMME STARTING 1ST May 2018 EMAIL TO : pendinas4@gmail.com					
Sun	01-Apr-18	10:00 AM	Teifi Pools: Strata Florida,Trecwm,Nant Egnant return via Claerddu Bothy, Llyn Teifi and Troed-y-Rhiw	B 9	11:00 AM	Strata Florida	SN 745757	Rob & Mary Osborne 01974 251282
Sat	07-Apr-18	9:00 AM	Disgwylfa Fawr and Carn Owen circular	B+ 11	9:45 AM	Nant y moch by Cattle Grid below Trwyn-y-Fegin	SN 737867	Wyck G Lohman 01545 560499
Sun	08-Apr-18	9:00 AM	Circular of Llanfachreth to include Precipice Walk. PLEASE CONTACT LEADER IF GOING	C+ 8	10:30 AM	Car park next to Schoolat Llanfachreth	SH 756226	Glynne Jones Tel 01970 625244
Sat	14-Apr-18	9:15 AM	Up and over via Cynffyrch to the Llyfnant Valley; upstream to Glaspwll, then past Garthgwynion and Cefnmaesmawr, down to Derwenlas.	C+ 6	10:00 AM	Lay-by next to railway, on A487, just N of Derwenlas (limited parking)	SN 725994	Michael and Val Deaville Tel: 01970 832937
Sun	15-Apr-18	9:30 AM	Walk on the hills behind the Centre of Alternative Technology over firm tracks, roads and open grassland. Steepish climb at the beginning.	C+ 4.5	10:30 AM	Centre of Alternative Technology car park	SH 754044	Iris Richards Tel: 01970 820024
Sat	21-Apr-18	8:55 AM	0910 T5 bus to Llanrhystud village hall. Thence on coast path to Aberystwyth. (If walkers desire they could leave their cars at Tanybwlech beach - Free Parking)	B 9	9:30 AM	Llanrhystud Village hall.	SN 538694	Dave Taylor Tel 01970 828815 / 07831 735208
Sun	22-Apr-18	9:30 AM	Afon Clarach, Cwm Yr Allt, Coed Y Cwm, Consti, Coastal Path, Circular	C+ 7	10:00 AM	LLANGORWEN CHURCH CAR PARK	SN 603838	Roy Haynes Tel: 01970828914
Sat	28-Apr-18	9:00 AM	Cwmystwyth Mine Buildings & structures from Valley floor to Upland Watercourses & down via early Bronze Age surface mining remains at Copa Hill. Context explained en-route. Extensive scenic views of Gorge & Uplands.	B 7	9:45 AM	Cwmystwyth Mine at car-parking area on riverside of Cwmystwyth to Rhayader Mountain Road opposite main area of Ruins.	SN 802745	Stephen Hughes Tel:- 01970617644
Sun	29-Apr-18	9:00 AM	Bontddu - Cogau gold mine - Cwm Mynach - Diffwys - Banc y Fran - Bontddu. PLEASE CONTACT LEADER IF GOING.	A 10	10:20 AM	Lay-by on left of A496 AFTER 30mph sign in Bontddu.	SH 679189	Dave Taylor Tel 01970 828815 / 07831 735208

RAMBLERS TERMS AND CONDITIONS FOR WALKS

WALKS MAY BE MODIFIED AT LEADER'S DISCRETION * BUSES LEAVE FROM ABERYSTWYTH NEXT TO THE RAILWAY STATION - CHECK BUS STAND NOS AND TIMES WITH LEADER

MEETING PLACE. Unless otherwise indicated the meeting place is on the car park side of the Peacocks, Park Avenue, Aberystwyth.

TRAVEL. Meeting centrally will ensure that the number of cars taken can be reduced and possibly provide transport for those without cars. If you do not have private transport, please contact the leader who may be able to arrange transport.

WALK GRADES 'A' Strenuous. Experience of hill walking desirable. Will involve steep ascents and descents; mileages shown should not be taken as an indication of effort.

'B' Moderate. May involve steep ascents, descents and rough/wet or boggy ground, but not prolonged.

'C' Flat or gentle gradients.

'D' Easy walks taken at a slow pace.

'+' or '-' added to above indicates harder (+) or easier (-) variations of the walk grade.

WALKS MAY BE CANCELLED AT SHORT NOTICE due to unforeseen circumstances such as bad weather, accident, illness etc, walkers are advised to check with Leader's prior to the walk to confirm that the walk is taking place to avoid disappointment and unnecessary journey's etc

FOOD AND EQUIPMENT. On short walks please bring a snack and a drink. On longer walks, bring sufficient food and drink for the day. All routes will be muddy and rough, so suitable footwear must be worn (stout shoes or walking boots). Waterproof clothing is essential and is best carried in a small rucksack.

LEADERS' RESPONSIBILITY. Leaders may refuse to take on their walks any person who does not appear fit enough for the proposed route or who is not properly equipped for the conditions. If in doubt consult the leader or another contact on the list. FIRST AID. A First Aid kit is carried by leaders but no medication, ointment or spray is available. Leader's to provide map or route details to Back Markers prior to walk (except in case of Joint Recce)

NO DOGS PLEASE. On all walks we will encounter sheep, therefore the Group requests walkers not to bring their dogs.

MEMBERSHIP. Non-members are welcome on Ramblers' walks but are asked to join the Association after 3 walks.

THE RAMBLERS' ASSOCIATION CANNOT ACCEPT RESPONSIBILITY FOR ANY LOSS OR INJURY INCURRED DURING THESE WALKS.