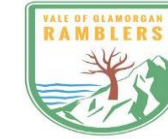




Grades

- 1 Paths are distinct over fairly level land with some gentle rises and falls.
- 2 Clearly marked paths & tracks with some moderate ascents & descents.
- 3 Tracks will normally be distinct but sometime rough & stony with some fairly steep ascents & descents.
- 4 Quite strenuous with steep and at times rough off-path ascents and descents.



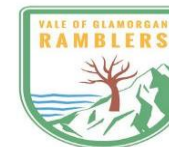
Walks enquiries to : Jane, Walks Secretary - 07970573804

Summer Walks Programme 2022						
	WED/SUN	Meeting time/Start point TBA	Distance	Grade	Description of walk	Leader
Wed eve	walks are 7-9 p.m.	Sunday walks usually start 9.30 - 10 a.m.	Miles			
	20th April		4	2	Cowbridge	Ian
	24th April		12	2	Rhoose - 7 Villages	Sarah & Christine
	27th April		4	2	Llantwit Major	Ruth
	1st May		8	3	Llangeinor circular	Ian
	4th May		4	2	Rhoose	Chris & Lynda
	6 - 8th May	Weekend away in Shrewsbury				Jackie/Shan/Jane/Jeff
	11th May		4	2	Cosmeston	Jean
	15th May		TBA		TBA	Gwion
	18th May		4	2	Wick	Chris W.
	22nd May		8	3	Byrgwm, Cwm Ffrwd circular	Jackie
	25th May		4	2	Ogmore-by-Sea circular	Mike & Judy
	29th May	**	9	4	Llyn Fan Fawr & Llyn Fan Fach Lakes	Mike & Judy
	1st June		4.5	2	Treoes area, Bridgend	Ray
	5th June		7.5	3	Lonely Shepherd - Gilwern	Su
	8th June		4	2	Kenfig Nature Reserve	Jane & Jeff
	12th June	**	10	2 / 3	Port Eynon	Chris & Lynda



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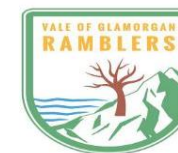
Summer Walks Programme 2022						
		Walks will be advertised nearer the time.			Places may need to be booked.	
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	15th June		4	2	Llanharan	Jen
	19th June		TBA		Talgarth	Gwenda & Bill
	22nd June		4	2	Llantwit Major	Phil
	26th June		7	2	Sully	Jean
	29th June		4	2	Barry	Su
	3rd July	**	12	3	Tintern	Peter
	6th July		5	2	Downs	Jackie
	10th July		8.5	2	St.Teilo's Church - Llantilio	Su
	13th July		4	2	Cardiff Bay	Jean
	17th July		8.5	2/3	Three Cliffs Bay from Southgate	Jane & Jeff
	20th July		4	2	Cowbridge Circular	Mike & Judy
	24th July		TBA		TBA	Gwion
	27th July		4	2	Bonvilston	Ian
	31st July		8	2/3	Maerdy, Ferndale circular	Del

** Request for a shorter walk this date



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Summer Walks Programme 2022						
Walks will be advertised nearer the time.			Places may need to be booked.			
WED/SUN	Meeting time/Start point TBA	Distance	Grade	Description of walk	Leader	
Wed eve	walks are 7-9 p.m.	Sunday walks usually start 9.30 - 10 a.m.	Miles			
3rd August		4	2	Pontcanna	Jackie	
7th August	Ian, shorter walk, Hensol 7 m G2	9.5	2/3	Abersychan, Lasgarn Woods, Garn-Wen circ.	Jackie	
10th August		4	2	Dinas Powys	Su	
14th August	**	10	2/3	Gospel Pass - Cwmyoy	Chris & Lynda	
Last Wed eve	17th August		4	2	St. Brides	Gwenda & Bill
	21st August	Shelley/Phil short walk, starts 2 p.m.	10	3 / 4	Crickhowell skyline	Mike & Judy
	28th August		7	2/3	Neath area	Ian
	4th Sept.	Ray, shorter walk, Coity, Bridgend	9	3 / 4	Crash Sites	Peter
	11th Sept.		6.5	2/3	Cardiff area	Helen
	18th Sept.				Llandeilo	Jane & Jeff
	25th Sept.		TBA		Dyffryn	Chris W.
	2nd Oct.					
	7-9th Oct.	Weekend away in Llandudno				Chris & Lynda

** Request for a shorter walk this date.