

# Winter Walks Programme 2016/2017



**Vale of Glamorgan Ramblers  
are a local group of the Ramblers' Association**

**Y CORFF ELUSENNOL SY'N GWEITHIO AR RAN CERDDWYR  
THE CHARITY WORKING FOR WALKERS**

[www.ramblers.org.uk/wales](http://www.ramblers.org.uk/wales)

**Promoting** walking for everyone as a healthy, fun, inexpensive activity.

**Safeguarding** Britain's unique network of public paths.

**Increasing** opportunities for responsible access for everyone to our beautiful countryside.

**Protecting** the countryside and green spaces.



Jim Bostock, Ray Morgan, John Moore and Jeff Roberts

Registered Charity No: 1093577

Company Registration No: 4458492

## NOTES

1. Newcomers on walks are always welcome, but after three walks will be expected to join The Ramblers' Association.
2. All walkers must wear appropriate footwear and clothing relative to the conditions likely to be experienced.
3. Walkers should bring any food and drink required for the duration of the walks including packed lunches when appropriate.
4. Only registered assistance dogs are permitted on walks.
5. All walks depart promptly at the times shown.
6. The approximate length of all walks is shown against each entry throughout the programme.
7. Walks have been graded to give a general guide to their nature. The length of walks should also be taken into account, together with the weather preceding and on the day of the walk.

G1 = Walking is over fairly level land with some gentle rises and falls. Paths are distinct.

G2 = Walking is more demanding with some moderate ascents and descents. Walking is usually along clearly marked paths and tracks.

G3 = Walking is more energetic with some fairly steep ascents and descents. Again tracks will normally be distinct but sometimes rough and stony.

G4 = Walking will be quite strenuous with steep and at times rough off-path ascents and descents.

For more information, speak to the walk leader.

Visit our website at [www.valeofglamorganramblers.co.uk](http://www.valeofglamorganramblers.co.uk)

## **WEEKEND, MID-WEEK WALKS AND OTHER EVENTS**

### **SUNDAY 2 OCTOBER 9am**

Cowbridge Town Hall Car Park

**8 miles** (G2) Talgarth Woods and Waterfalls

Leader: Jeff Roberts (01656 750631 or 07801 023372)

### **TUESDAY 4 OCTOBER 10am**

Meet at Keeper's Pond, Blaenavon

**7 miles** (G2/3) Iron Mountain Trail to Blaenavon Iron Works

Leaders: Jackie Brett (02920 794329 or 07973 636349)  
and Shân Murphy (02920 306696 or 07950 369286)

### **SUNDAY 9 OCTOBER 9am**

Cowbridge Cattle Market Car Park

**10 miles** (G3) Fan Llia'Fan Dringarth and Fan Nedd

Leader: Helen Fletcher (01874 665623 or 07726 242137)

### **SAME DAY 9.30am**

Cowbridge Cattle Market Car Park

**7-8 miles** (G2) Rhoose to Jackson's Bay

Leader: Ray Morgan (01656 660530 or 07518 771738)

### **FRIDAY 14 - SUNDAY 16 OCTOBER**

Weekend Away based in Criccieth in Gwynedd

For details contact

Leader: Gwion Evans (01446 794310 or 07720 350759)

### **SUNDAY 23 OCTOBER 9am**

Cowbridge Town Hall Car Park

**8-9 miles** (G2/3) Fan y Big Circular

Leader: John Jackson (01446 790222 or 07703 361252)

### **SATURDAY 29 OCTOBER**

Ramblers Association Area AGM hosted by Tiger Bay Ramblers.

Details of morning walk & afternoon meeting will be circulated.

### **SUNDAY 30 OCTOBER GMT 9.30am**

Cowbridge Town Hall Car Park

**8-9 miles** (G2) Three Saints Walk near St Fagans

Leaders: Gwenda and Bill Fitzpatrick (01446 751294 or  
07811 503210)

**TUESDAY 1 NOVEMBER 10am**

West Nash Road, Newport

**7 miles** (G2) Wetlands to Newport Transporter Bridge

Leader: Ray Morgan (01656 660530 or 07518 771738)

**SUNDAY 6 NOVEMBER 9am**

Cowbridge Town Hall Car Park

**9 miles** (G3) Crickhowell Circular

Leaders: Judy and Michael Holley

(01446 774867 or 07896 334789)

**SAME DAY** - Details of a less strenuous walk of **5-7 miles**

in the same area will be sent by email nearer the date.

Leader: Del Rees (01443 223470 or 07792 602653)

**FRIDAY 11 NOVEMBER 7.30pm**

The Duke of Wellington Public House in Cowbridge

Vale of Glamorgan Group AGM for members

and their partners followed by a 'Get Together'.

**Members are asked to make every effort to attend.**

Enquiries: Mike Holley (01446 774867 or 07896 334789)

**SUNDAY 13 NOVEMBER 9am**

Cowbridge Town Hall Car Park

**10-11 miles** (G2) Caldicot, Coastal Path and Severn Bridge

Leaders: Jackie Brett (02920 794329 or 07973 636349)

and Shân Murphy (02920 306696 or 07950 369286)

**SUNDAY 20 NOVEMBER 9am**

Cowbridge Town Hall Car Park

**10 miles** (G3) Mynydd Machen along Sirhowy Valley

Leader: Gwion Evans (01446 794310 or 07720 350759)

**SAME DAY** - Details of a less strenuous walk of **5-7 miles**

in the same area will be sent by email nearer the date.

Leader: Del Rees (01443 223470 or 07792 602653)

**SUNDAY 27 NOVEMBER 9.30am**

Llantwit Major Railway Station Car Park

**8 miles** (G2) Hidden Vale - Valeways Walk

Leader: Su Green (02920 513489 or 07954 139946)

**SUNDAY 4 DECEMBER 9.30am**

Cowbridge Town Hall Car Park

**7-8 miles** (G2) Aberthin, Welsh St Donats, Pen-y-lan, Newton

Leaders: Bill Fawcett (01446 773405 or 07831 611524)

and John Moore (01446 773076 or 07845 377709)

**TUESDAY 6 DECEMBER 10am**

The Plough and Harrow, Monknash

**5 miles** (G2) Walk with Historical Interest in the Locality

Leader: Margaret Scott (01656 890657 or 07561 318628)

**SUNDAY 11 DECEMBER 9am**

Cowbridge Town Hall Car Park

9 miles (G2/3) Dimbath and Ogwr Fach

Leaders: Mike Carey (01446 794194 or 07899 755263)

and Adrian Rowe (01446 401942 or 07704 624442)

**WEDNESDAY 14 DECEMBER 7.30pm**

Pre-Christmas 'Get Together' at

The Bear Hotel and Public House, Cowbridge

Enquiries: Ruth Curle (01446 794100 or 07966 133389)

**SUNDAY 18 DECEMBER 9am**

Cowbridge Town Hall Car Park

**6 miles** (G1) Cardiff Bay Trail

Leader: Stephen Keefe (01443 670796 or 07817 455064)

**SUNDAY 25 DECEMBER CHRISTMAS DAY - NO WALK**

**SUNDAY 1 JANUARY 10.30am**

**4 miles** (G2) Cosmeston Lake to Conybeare Road, Sully.

Leaders: Peter Lane (01446 751610 or 07969 366507)

and Jean Bispham (02020 531038 or 07476 898944)

Followed by a 'Get Together' hosted by Jean and Pete

at Jean's Home, 46 Conybeare Road, Sully, CF64 5US.

Please bring your own packed lunch.

Mulled wine/soft drinks and mince pies will be provided.

**TUESDAY 3 JANUARY 10am**

Margam Abbey, Port Talbot

**6-7 miles** (G2/3) Walk with Historical Interest in Margam Area

Leader: Jeff Roberts (01656 750631 or 07801 023372)

**SUNDAY 8 JANUARY 9.30am**

Cowbridge Town Hall Car Park

**7 miles** (G2) Castell Coch and Craig-yr-Allt

Leader: John Jackson (01446 790222 or 07703 361252)

**SUNDAY 15 JANUARY 9am**

Cowbridge Town Hall Car Park  
**10 miles** (G2/3) Ystradfellte Waterfall Walk  
Leader: Helen Fletcher (01874 665623 or 07726 242137)

**SUNDAY 22 JANUARY 9am**

Cowbridge Town Hall Car Park  
**11 miles** (G2) Flemingston, Llancadle, Llancarfan & Tyganol  
Leader: Peter Lane (01446 751610 or 07969 366507)

**WEDNESDAY 25 JANUARY - NEW YEAR'S DINNER**

**7 for 7.30pm**

Further details will be circulated nearer the date.  
Enquiries: Ruth Curle (01446 794100 or 07966 133389)

**SUNDAY 29 JANUARY 9am**

Cowbridge Town Hall Car Park  
**8 miles** (G2/3) Wentwood and Gray's Hill  
Leader: Su Green (02920 513489 or 07954 139946)

**SUNDAY 5 FEBRUARY 9.30am**

Cowbridge Town Hall Car Park  
**10 miles** (G2) Rail Ramble : Pencoed to Llanharan  
Leader: Gwion Evans (01446 794310 or 07720 350759)

**TUESDAY 7 FEBRUARY 10am**

Llantrisant Town Centre Car Park  
**5-6 miles** (G2) Llantrisant Walk with Historical Interest  
Leaders: Judy and Michael Holley  
(01446 774867 or 07896 334789)

**SUNDAY 12 FEBRUARY 9am**

Cowbridge Town Hall Car Park  
**7 miles** (G2/3) Blaencwm Waterfall Walk  
Leaders: Judy and Michael Holley  
(01446 774867 or 07896 334789)

**THURSDAY 16 FEBRUARY 7 for 7.30pm**

**PLANNING MEETING FOR SUMMER 2017 WALKS**

to be held in the Duke of Wellington Pub in Cowbridge. As many leaders as possible are asked to attend. If you cannot, please send details of walks you can lead from May to October, and Wednesday evening walks between May and the end of August, to Jean Bispham. (02920 531038 or jean.m.bispham@gmail.com)

**SUNDAY 19 FEBRUARY 9am**

Cowbridge Town Hall Car Park

**10 miles** (G2) Six Villages Walk

Leader: Peter Lane (01446 751610 or 07969 366507)

**SUNDAY 26 FEBRUARY 9.30am**

Cowbridge Town Hall Car Park

**8 miles** (G2) Radyr to St Fagan's

Leader: Ian Fraser (01446 774706 or 07854 536985)

**SUNDAY 5 MARCH 9am**

Cowbridge Town Hall Car Park

**9 miles** (G2/3) Massacre Walk from Abergavenny Castle

Leaders: Mike Carey (01446 794194 or 07899 755263)

and Adrian Rowe (01446 401942 or 07704 624442)

**TUESDAY 7 MARCH 10am**

Kenfig Nature Reserve Car Park

**6-7 miles** (G2) Historical Interest Walk in the Nature Reserve

Leader: Bill Fitzpatrick (01446 751294 or 07811503210)

**SUNDAY 12 MARCH 9am**

Cowbridge Town Hall Car Park

**9 miles** (G3) Blaen-y-Glyn Waterfalls, Craig Cwareli & Neuadd

Leader: Helen Fletcher (01874 665623 or 07726 242137)

**SAME DAY 9.30am**

Cowbridge Town Hall Car Park

**7 miles** (G1/2) Extended Salmon Leaps Walk, Dinas Powys

Leader: Gwion Evans (01446 794310 or 07720 350759)

**SUNDAY 19 MARCH 9am**

Cowbridge Town Hall Car Park

**8 miles** (G2/3) Brombil and Mynydd Margam Area

Leader: Peter Lane (01446 751610 or 07969 366507)

**SUNDAY 26 MARCH 9am BST**

Cowbridge Town Hall Car Park

**7-8 miles** (G2) Circular Walk in the Forest of Dean

Leaders: Bill Fawcett (01446 773405 or 07831 611524)

and John Moore (01446 773076 or 07845 377709)

**SUNDAY 2 APRIL 9am**

Cowbridge Town Hall Car Park

**9 miles** (G2) Rhymney Valley Area

Leader: Ian Fraser (01446 774706 or 07854 536985)

**SUNDAY 9 APRIL 9am**

Cowbridge Cattle Market Car Park (Car Boot Sale Day)

**9 miles** (G3) Afan Argoed Area

Leaders: Judy and Michael Holley

(01446 774867 or 07896 334789)

**SAME DAY 9am**

Cowbridge Cattle Market Car Park (Car Boot Sale Day)

**8 miles** (G1/2) Pontrhydyfen Cwm Afan

Leader: Gwion Evans (01446 794310 or 07720 350759)

**WEDNESDAY 12 APRIL 7pm**

Cowbridge Town Hall Car Park

**3-4 miles** (G2) Cowbridge to Llandough

Leader: Ian Fraser (01446 774706 or 07854 536985)

**SUNDAY 16 APRIL 9am EASTER SUNDAY**

Cowbridge Town Hall Car Park

**12 miles** (G3) Bryn Arw and Skirrid

Leaders: Jane Questle (01656 713675 or 07970 573804)

and Jeff Roberts (01656 750631 or 07801 023372)

**SAME DAY 9.30am**

Cowbridge Town Hall Car Park

**4-5 miles** (G2) Wooded Valleys and Dunes

Leader: Margaret Scott (01656 890657 or 07561 318628)

**MONDAY 17 APRIL 9am EASTER MONDAY**

Cowbridge Town Hall Car Park

**15 miles** (G2) Radyr to Barry along Millennium Trail

Leader: Gwion Evans (01446 794310 or 07720 350759)

**WEDNESDAY 19 APRIL 7pm**

Llantwit Major Town Hall Car Park

**3-4 miles** (G1/2) Llantwit Major Area

Leader: Ruth Curle (01446 794100 or 07966 133389)



**SUNDAY 23 APRIL 9am**

Cowbridge Town Hall Car Park

**9 miles** (G2/3) Crickhowell Area

Leaders: Jane Questle (01656 713675 or 07970 573804)  
and Jeff Roberts (01656 750631 or 07801 023372)

**WEDNESDAY 26 APRIL 7pm**

Cowbridge Town Hall Car Park

**4 miles** (G2) Cowbridge Area

Leaders: Judy and Michael Holley

(01446 774867 or 07896 334789)

## **DATES FOR YOUR DIARY**

**FRIDAY 5 MAY to SUNDAY 7TH MAY**

**Weekend Away in Aberystwyth Area.** Details to Follow.

Leaders: Jackie Brett (02920 794329 or 07973 636349),

Shân Murphy (02920 306696 or 07950 369286),

Jane Questle (01656 713675 or 07970 573804)

and Jeff Roberts (01656 750631 or 07801 023372).

**TUESDAY 23 MAY to SUNDAY 28 MAY**

**Vale of Glamorgan Walking Festival**

Walk leaders are always needed for this festival.

If you are interested in leading a walk, please contact

Michael Holley on 01446 774867 or 07896 334789 for details.

## **WALK LEADERS**

## **CONTACT DETAILS**

Jackie Brett	02920 794329	07973 636349
Mike Carey	01446 794194	07899 755263
Ruth Curle	01446 794100	07966 133389
Gwion Evans	01446 794310	07720 350759
Bill Fawcett	01446 773405	07831 611524
Bill & Gwenda Fitzpatrick	01446 751294	07811 503210
Helen Fletcher	01874 665623	07726 242137
Ian Fraser	01446 774706	07854 536985
Su Green	02920 513489	07954 139946
Judy and Michael Holley	01446 774867	07896 334789
John Jackson	01446 790222	07703 361252
Stephen Keefe	01443 670796	07817 455064
Peter Lane	01446 751610	07969 366507
Shân Murphy	02920 306696	07950 369286
John Moore	01446 773076	07845 377709
Ray Morgan	01656 660530	07518 771738
Jane Questle	01656 713675	07970 573804
Del Rees	01443 223470	07792 602653
Jeff Roberts	01656 750631	07801 023372
Adrian Rowe	01446 401942	07704 624442
Margaret Scott	01656 890657	07561 318628

# DATES FOR YOUR DIARY

**Wednesday evening walks** take place from early April until the end of August 2017. Further details will appear in the Summer 2017 programme a copy of which will be sent to all members of the Vale of Glamorgan Group during April.

## COMMITTEE

Chairman	Mike Carey (01446 794194)
Vice Chairman	Bill Fawcett (01446 773405)
Footpaths Officer	Peter Lane (01446 751610)
Walks Secretary	Jean Bispham (02920 531038)
Treasurer	Peter Lane (01446 751610)
Social Secretary	Ruth Curle (01446 794100)
Publicity Officer	Gwenda Fitzpatrick (01446 751294)
Membership Secretary	Jane Questle (01656 713675)
Website Co-ordinator	Leigh Forman (01656 647889)
Committee Members	Gwion Evans (01446 794310)
	Ray Morgan (01656 660530)
	Jeff Roberts (01656 750631)
	Adrian Rowe (01446 401942)
Secretary	Michael Holley 9 Cae Rex Cowbridge CF71 7JS 01446 774867

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