Winter Walks Programme 2017/2018

Vale of Glamorgan Ramblers are a local group of the Ramblers’ Association

Y CORFF ELUSENNOL SY’N GWEITHIO AR RAN CERDDWYR
THE CHARITY WORKING FOR WALKERS
www.ramblers.org.uk/wales

Promoting walking for everyone as a healthy, fun, inexpensive activity.
Safeguarding Britain’s unique network of public paths.
Increasing opportunities for responsible access to our beautiful countryside.
Protecting the countryside and green spaces.

A Lovely Wooded Valley by the Afon Dwyfor
A Circular Walk Around Criccieth led by Gwion Evans

Registered Charity No: 1093577       Company Registration No: 4458492
A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we’ll contribute funds through The Walking Partnership to your group. Just tell us their name when you book.

Book a great value holiday:
ramblersholidays.co.uk
or call 01707 386804

Walking holiday partner
NOTES

1. Newcomers on walks are always welcome, but after three walks will be expected to join The Ramblers’ Association.

2. All walkers must wear appropriate footwear and clothing relative to the conditions likely to be experienced.

3. Walkers should bring any food and drink required for the duration of the walks including packed lunches when appropriate.

4. Only registered assistance dogs are permitted on walks.

5. All walks depart promptly at the times shown.

6. The approximate length of all walks is shown against each entry throughout the programme.

7. Walks have been graded to give a general guide to their nature. The length of walks should also be taken into account, together with the weather preceding and on the day of the walk.

**Easy** - walks for anyone who does not have mobility difficulty, specific health problem or is seriously unfit. Walking boots and warm, waterproof clothing are recommended.

**Leisurely** - walks for reasonably fit people with at least a little country walking experience. Is likely to include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.

**Moderate** - walks for people with country walking experience and a good level of fitness. Is likely to include some steep paths and open country. May be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

**Strenuous** - walks for experienced country walkers with an above average fitness level. May include hills and rough country and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organizer or leader in advance.

**For more information, speak to the walk leader.**

The Ramblers’ Association cannot accept responsibility for loss, damage or injury incurred on any walk or other activity.

Vale of Glamorgan Ramblers Website - www.valeofglamorganramblers.co.uk
Facebook - Vale Ramblers Flickr - Vale Ramblers Twitter - ValeRamblers
WEEKEND, MID-WEEK WALKS
AND OTHER EVENTS

When the main walk is more difficult, a less challenging walk may be offered by Delme Rees. Details of these walks will be included in the pre-walk email circulated the week prior to each walk.

SUNDAY 1 OCTOBER  9am
Cowbridge Town Hall Car Park
9 miles - Moderate - Llandegfedd Reservoir
Leader: Su Green (07954 139946)

TUESDAY 3 OCTOBER  10am
Whistle Road Car Park, Blaenavon
5 miles - Leisurely - Whistle Stop and Big Pit, Blaenavon
Leaders: Jackie Brett (02920 794329 or 07973 636349)
and Shân Murphy (02920 306696 or 07950 369286)

SUNDAY 8 OCTOBER  9am
Cowbridge Cattle Market Car Park (Car Boot Sale)
8-9 miles - Moderate - Skenfrith, Monmouth
Leaders: Mike Carey (01446 794194 or 07899 755263)
and Adrian Rowe (01446 401942 or 07704 624442)

FRIDAY 13 - SUNDAY 15 OCTOBER
Weekend Away based in Buxton, Derbyshire
Leaders: Judy and Michael Holley (01446 774867 or 07896 334789)
Jane Questle (07970 573804)
and Jeff Roberts (01656 750631 or 07801 023372)

SATURDAY 21 OCTOBER - Towers Hotel, Swansea, SA10 6JL
Ramblers Association Area AGM hosted by Swansea Ramblers.
Details of morning walk and afternoon meeting will be circulated.
SUNDAY 22 OCTOBER   9am
Cowbridge Town Hall Car Park
10 miles - Moderate - Moss House Woods and Neath Valley
Leader: Ian Fraser (01446 774706 or 07854 536985)

SUNDAY 29 OCTOBER  GMT - 9.30am
Cowbridge Town Hall Car Park
8-9 miles - Moderate - Coity Circular
Leaders: Jackie Brett (02920 794329 or 07973 636349) and Shân Murphy (02920 306696 or 07950 369286)

SUNDAY 5 NOVEMBER  9.30am
Cowbridge Town Hall Car Park
7 miles - Moderate - Coychurch, Gilfach and Ridgeway
Leader: Peter Lane (01446 751610 or 07969 366507)

TUESDAY 7 NOVEMBER  10am
Fox and Hounds Car Park, Llancarfan
6 miles - Leisurely - Valley of the Stags
Leader: Jeff Roberts (01656 750631 or 07801 023372)

FRIDAY 10 NOVEMBER  7.30pm
The Pagan Room, The Duke of Wellington Public House, Cowbridge
Vale of Glamorgan Ramblers Group AGM for members and their partners followed by a ‘Get Together’.
Members are asked to make every effort to attend.
Enquiries: Mike Holley (01446 774867 or 07896 334789)

SUNDAY 12 NOVEMBER  9am
Cowbridge Town Hall Car Park
7-8 miles - Moderate - Llangattock Escarpment and Nature Reserve
Leaders: Judy and Michael Holley (01446 774867 or 07896 334789)
SUNDAY 19 NOVEMBER  9.30am  
Cowbridge Town Hall Car Park
8-9 miles - Leisurely - Warlow Walk - Wenvoe to the Salmon Leaps
Leader: Clive Simpson (02920 193966 or 07988 772488)

SUNDAY 26 NOVEMBER   9am  
Cowbridge Cattle Market Car Park (Reindeer Parade in Cowbridge)
7 miles - Leisurely - Gentle Climb to the Ridge above Taff Valley
Leader: Kevin Myhill (01443 227428 or 07773 372412)

SUNDAY 3 DECEMBER   9am  
Cowbridge Town Hall Car Park
8 miles - Moderate - Penderyn to Four Falls
Leaders: Jane Questle (07970 573804)
and Jeff Roberts (01656 750631 or 07801 023372)

TUESDAY 5 DECEMBER   10am  
Roadside Parking near Cattle Grid, West Farm, Southerndown
5 miles - Leisurely - Dunraven Walled Garden, Dunraven Bay
Leader: Margaret Scott (01656 895166 or 07561 318628)

SUNDAY 10 DECEMBER   9am  
Cowbridge Town Hall Car Park
9 miles - Moderate - Glyncorrwg Ponds - Forest Walk
Leaders: Jackie Brett (02920 794329 or 07973 636349)
and Shân Murphy (02920 306696 or 07950 369286)

SUNDAY 17 DECEMBER   9.30am   FESTIVAL OF WINTER WALKS
Cowbridge Town Hall Car Park
7 miles - Leisurely - Ewenny Priory
Leader: Peter Lane (01446 751610 or 07969 366507)

THURSDAY 21 DECEMBER   7.30pm  
Pre-Christmas ‘Get Together’ at
The Bear Hotel and Public House, Cowbridge
Enquiries: Ruth Curle (01446 794100 or 07966 133389)
SUNDAY 24 DECEMBER CHRISTMAS EVE - NO WALK
SUNDAY 31 DECEMBER NEW YEAR’S EVE - NO WALK

MONDAY 1 JANUARY 11am FESTIVAL OF WINTER WALKS
Cowbridge Town Hall Car Park
4 miles - Leisurely - Local Area around Cowbridge
Leader: Ian Fraser (01446 774706 or 07854 536985)
Followed by a ‘Get Together’ hosted by Margaret and Ian at Ian’s Home, 44 Millfield Drive, Cowbridge, CF71 7BR
Please bring your own packed lunch.
Mulled wine/soft drinks and mince pies will be provided.

SUNDAY 7 JANUARY 9am
Cowbridge Town Hall Car Park
9 miles - Moderate - Treherbert - Three Valleys Circular
Leaders: Judy and Michael Holley (01446 774867 or 07896 334789)

TUESDAY 9 JANUARY 10.30am
Park Slip Visitors’ Centre Car Park - CF32 0EH
6-7 miles - Leisurely - Old Industries and New Parks
Leaders: Judy and Michael Holley (01446 774867 or 07896 334789)

SUNDAY 14 JANUARY 9.30am
Cowbridge Town Hall Car Park
9 miles - Moderate - Porthkerry, Rhoose and Penmark
Leader: Gwion Evans (01446 794310 or 07720 350759)

SUNDAY 21 JANUARY 9am JOINT WALK WITH SWANSEA RAMBLERS
Cowbridge Town Hall Car Park
8 miles - Moderate - Cymer in the Afan Valley to Mynydd Caerau
Leader: Ian Fraser (01446 774706 or 07854 536985)

WEDNESDAY 24 JANUARY - NEW YEAR’S DINNER - 7pm for 7.30pm
Further details will be circulated nearer the date.
Enquiries: Ruth Curle (01446 794100 or 07966 133389)
SUNDAY 28 JANUARY   9am
Cowbridge Town Hall Car Park
11 miles - Leisurely - Flemingston, East Castle and Llancarfan
Leader: Peter Lane (01446 751610 or 07969 366507)

SUNDAY 4 FEBRUARY   9am
Cowbridge Town Hall Car Park
8 miles - Leisurely - Mynydd Meio by Rhymney Ridgeway
Leader: Kevin Myhill (01443 227428 or 07773 372412)

TUESDAY 6 FEBRUARY   10am
Clydach Vale Country Park Car Park
6 miles - Leisurely - Clydach Vale Country Park
Leader: Ray Morgan (01656 660530 or 07518 771738)

SUNDAY 11 FEBRUARY   9am
Cowbridge Town Hall Car Park
7 miles - Leisurely - Brecon Canal, Llanfrynach and River Usk
Leader: John Moore (01446 773076 or 07845 377709)

SUNDAY 18 FEBRUARY   9am
Cowbridge Town Hall Car Park
10 miles - Moderate - Llangasty on to Allt y Escair
Leader: Helen Fletcher (01874 665623 or 07726 242137)
SAME DAY   9.30am
8-9 miles - Leisurely - Porthcawl to Sker House and Kenfig Pool
Leader: Ray Morgan (01656 660530 or 07518 771738)

THURSDAY 22 FEBRUARY   7 for 7.30pm
PLANNING MEETING FOR SUMMER 2018 WALKS to be held
As many leaders as possible are asked to attend but if you
cannot, please phone or send details of walks you can lead
from May to October, and Wednesday evening walks between
the beginning of May and the end of August, to Jean Bispham.
(02920 531038 or jeanmarie.bispham@gmail.com)
SUNDAY 25 FEBRUARY   9.30am
Cowbridge Town Hall Car Park
8 miles - Leisurely - Countryside and Villages around Cowbridge
Leader: Ian Fraser (01446 774706 or 07854 536985)

SUNDAY 4 MARCH   9am
Cowbridge Town Hall Car Park
7 miles - Leisurely - Catbrook - Woodlands and Cleddon Falls
Leader: Su Green (02920 513489 or 07954 139946)

TUESDAY 6 MARCH   10am
Dyffryn House Car Park
6 miles - Leisurely - Dyffryn Area
Leader: Bill Fitzpatrick (01446 751294 or 07811 503210)

SUNDAY 11 MARCH   9am
Cowbridge Town Hall Car Park
12 miles - Moderate - Grwynne Fawr Reservoir and Open Mountain
Leader: Helen Fletcher (01874 665623 or 07726 242137)

SAME DAY   9.30am
Llantwit Major Town Hall Car Park
7 miles - Leisurely - Coastal Walk
Leaders : Gwenda and Bill Fitzpatrick (01446 751294 or 07811 503210)

SUNDAY 18 MARCH   9am
Cowbridge Town Hall Car Park
8 miles - Moderate - Caswell Bay Circular
Leaders: Jane Questle (07970 573804)
and Jeff Roberts (01656 750631 or 07801 023372)

SUNDAY 25 MARCH   BST - 9am    WITH GELLIGAER RAMBLERS
Cowbridge Town Hall Car Park
8 miles - Moderate - Rudry Area
Leader: Keith Donovan (01495 223927 or 07773 523220)
SUNDAY 1 APRIL  9.30am   TEA & CAKE AT MARINE DRIVE, BARRY
Cowbridge Town Hall Car Park
8 miles - Leisurely - Barry Knap through Porthkerry to Rhoose
Leader: Mary Tornabene (01446 733787 or 07582 437397)

MONDAY 2 APRIL  9am    EASTER MONDAY
Cowbridge Town Hall Car Park
15 miles - Moderate - Llangors Lake Circuit
Leader: Gwion Evans (01446 794310 or 07720 350759)

SUNDAY 8 APRIL   9am
Cowbridge Cattle Market Car Park (Car Boot Sale Day)
8 miles - Moderate - Mynydd y Glyn and Tarran Deusant
Leaders: Gina Skelly (07815 161059) and Su Green (07954 139946)

SUNDAY 15 APRIL   9am
Cowbridge Town Hall Car Park
9 miles - Moderate - Circular Walk from Goytre Wharf
Leaders: Jackie Brett  (02920 794329 or 07973 636349)
and Shân Murphy (02920 306696 or 07950 369286)

WEDNESDAY 18 APRIL   7pm
Cowbridge Town Hall Car Park
3-4 miles - Leisurely - Cowbridge to Llandough
Leader: Ian Fraser (01446 774706 or 07854 536985)

SUNDAY 22 APRIL   9am
Cowbridge Town Hall Car Park
8-9 miles - Leisurely - Cwm Ysgiach
Leader: Gwion Evans (01446 794310 or 07720 350759)

WEDNESDAY 25 APRIL   7pm
Llantwit Major Town Hall Car Park
3-4 miles - Leisurely - Llantwit Major Area
Leader: Ruth Curle (01446 794100 or 07966 133389)
SUNDAY 29 APRIL   9am
Cowbridge Town Hall Car Park

**Morning - Basic Map Reading and Compass Work**
**Afternoon - Active Navigation with Targets in the Vale**
Leader: Del Rees (01443 223470 or 07792 602653)
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<thead>
<tr>
<th>WALK LEADERS</th>
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<tbody>
<tr>
<td>Jackie Brett</td>
<td>02920 794329</td>
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DATES FOR YOUR DIARY

Ramblers’ Association - Glamorgan Area AGM
Saturday 21 October 2017
hosted by Swansea Ramblers at the Towers Hotel, Swansea, SA10 6JL

Vale of Glamorgan Ramblers AGM - Friday 10th November 2017
The Pagan Room, Duke of Wellington Public House, Cowbridge at 7.30pm

Wednesday evening walks take place from mid April 2018 until the end of August 2018. Further details will appear in the Summer programme 2018, a copy of which will be sent to all members of the Vale of Glamorgan Ramblers Group during April 2018.

COMMITTEE

Chairman  Mike Carey  01446 794194  07899 755263
Vice Chairman  Gwion Evans  01446 794310  07720 350759
Secretary  Mike Holley  01446 774867  07896 334789
Footpaths Officer  Peter Lane  01446 751610  07969 366507
Walks Secretary  Jean Bispham  02920 531038  07476 898944
Treasurer  Peter Lane  01446 751610  07969 366507
Social Secretary  Ruth Curle  01446 794100  07966 133389
Publicity and Social Media Officers  Gwenda Fitzpatrick  01446 751294  07811 503210
Jane Questle  01656 713675  07970 573804
Walking Environment  Ian Fraser  01446 774706  07854 536985
Website Co-ordinators  Jeff Roberts  01656 750631  07801 023372
Jane Questle  01656 713675  07970 573804
Committee Member  Ray Morgan  01656 660530  07518 771738

Mike Holley, the Secretary, can be contacted by email on mikeholley@btinternet.com

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number: 4458492. Registered Charity in England and Wales number: 1093577. Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.