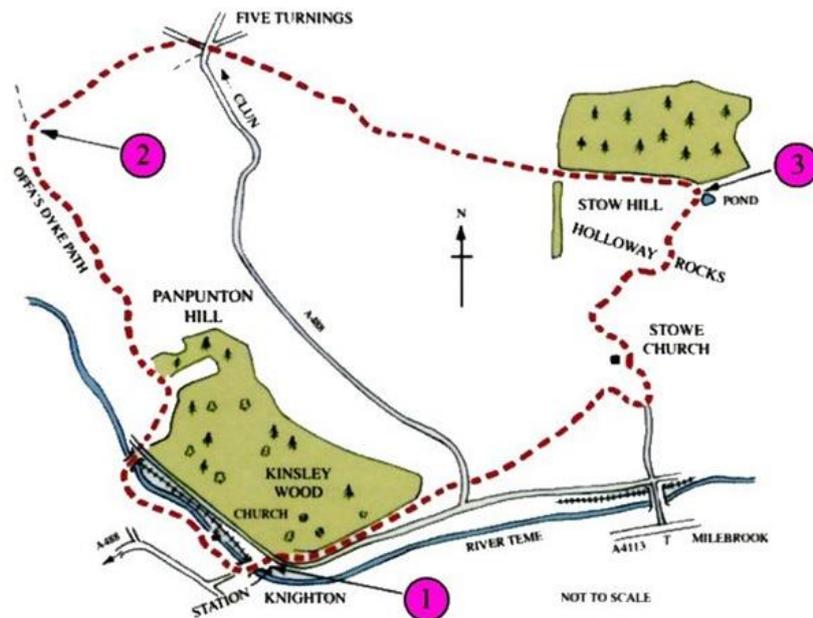


KNIGHTON, OFFA'S DYKE PATH, PANPUNTON HILL and HOLLOWAY ROCKS

9 miles (14 km), 400m ascent. Allow 4 hrs.

A circular walk using Offa's Dyke Path to start with fine views and interesting Church to visit; ascents balanced by descents.

Park in Knighton railway station yard or long stay C.P. OS Grid Ref: SO288722.



WALK 17

NOTE- amendments to published version shown in bold.

(1) From Knighton Railway Station yard, turn (L) and then take first (R) to climb road to church. Turn briefly (R) and then (L) down slope to car park. Go ahead to join Offa's Dyke Path with River Teme on (RH) and after 400m cross river and railway and follow finger-post to road. Go through gate opposite and steeply up track which soon becomes a grassy slope with woods to (R). At fingerpost at top of hill turn (L) to continue further uphill with fence to (R). (At the top of Panponton Hill is a welcoming seat in memory of Dave Cadwallader. There is also a splendid view here (L) down to Teme Valley and the railway viaduct at Knucklas, while rising above Radnor Forest is the mast on Black Mixen). Continue with fence to (R) for a further 800m and then pass to (L) of tree belt. After passing barns well to (L) of path at the end of the field, turn (R) at signposted cross track. The walk leaves Offa's Dyke Path here.

(2) Follow stony track that soon becomes grassy. Through gate and ahead by belt of larch trees with fence on (R) to fence corner, where proceed ahead down large open field to far corner where turn (R) onto track. Through gate and ahead to green lane to Five Turnings.

Cross road (A488) take track with Five Turnings Farm to (L) and along hedged track slightly uphill all the way for 1½km to its end. Cross three fields in same direction with fence to (L). (Across the valley is Caer Caradoc Iron Age fort and in the distance to the (L) is the

distinctive shape of Corndon and hills in the Church Stretton area with Brown Clee Hill further to the (R)).

Go through gate on reaching the wood at the end of the 3rd field then gently uphill with fence to (L). Shortly after brow of hill where there is a stile in fence turn (R) across field. (Just before the turn, the Black Mountains are seen on (R) and Titterstone Clee directly ahead).

(3) Go across field with pond not far to (L) and ahead **and slightly right** to the top of broad sunken track. Follow this, which soon becomes stony and descends steeply through Holloway Rocks with views of Knighton ahead. Swing (R) through a gate to pass pond to the (R) and continue downhill, **just before** a further gate to swing (L) to descend to Stowe Church. Proceed down tarmac road and **as road bends left**, turn (R) on descending track, ignoring cattle grid, sharp (R). In 150m take gate up on (L) slope and go up sunken track. At top, cross track, go through gate and down field with fence on (L). Go through a facing corner gate in the third field, and continue with hedge now on (R) to reach main A488, Knighton-Clun road. Cross road and **through gate**. Cross bridge and over field parallel to road to aim for **gate** just above (LH) corner. Go up steps and turn (L) down forestry road. Before this reaches main road, turn (R) into Kinsley Wood and continue ahead with road below. Eventually this track rejoins the A488 road where turn (R) and go along road to turn (L) over railway bridge and back to station C.P. and starting point.

Submitted by Diana & John Wharton, revised by Margaret Egby