

General Data Protection Regulations (GDPR)– Controlling Information you receive from the Ramblers

In order to comply with the new General Data Protection Regulations, all members must log on to their account and indicate YES or NO to receiving information by email/post/phone.

You can choose to be contacted by Ramblers only or by Ramblers and selected partners. If you do not agree to contacts from the Ramblers organisation we will not be able to continue to send you any Shrewsbury Ramblers information in the future.

To Update your contact preferences

- From the Ramblers website www.ramblers.org.uk
- Log in to your account (in the top bar)
- Go to **“My Account”**
- Then **“Update Profile”**
- **“Contact Preferences”** – you can then chose the methods of contact
- You can also check that you have selected Shrewsbury in the **“Your Group”** section.