

Oswestry Group Walks Programme

July to October 2019

Dogs: Only 'Registered Assistance Dogs' are allowed on Oswestry Group walks

Details and further information on the Oswestry programme can always be found on our group Website at www.ramblers.org.uk/oswestry. Details of walks by other Groups in the Shropshire Area can be found at www.ramblers.org.uk/shropshire

Walk meeting points, grades and guidelines

Times stated in the programme are at the meeting point. Please arrive early to allow time for leaders to issue instructions and arrange car sharing.

Note: If you intend going directly to the walk start point, it must be understood that if, due to unforeseen circumstances, the walk has to be changed or cancelled, the leader is unlikely to travel to the walk start point.

If in doubt check with the leader on the day of the walk.

- **Thursday walks**

Approximately 4 to 6 miles, maximum grade Moderate and walked at a moderate pace. Normal meeting time 10:00 in **Gatacre car park**, Oswestry.

- **Sunday walks**

Usually longer or more challenging walks, grade up to and including Strenuous. Meeting times vary 9.30 – 10.00am in **main Oswestry car park** in front of the flats.

Our walks are graded in accordance with the Ramblers national guidelines. Full details can be found at <http://www.ramblers.org.uk/go-walking/find-a-walk-or-route/about-group-walks/walks-difficulty.aspx>

In order to provide transport to participants without cars and to keep the number of cars to a minimum, the majority of walks have a central meeting point before proceeding to the starting point. **It is suggested a voluntary contribution towards fuel costs, as detailed on our Website, be offered to car drivers.** To simplify matters each walk in the programme is assigned a travel zone:

Zone A 0-15 miles – £1 contribution

Zone B 16-35 miles – £2 contribution

Zone C 36-55 miles – £3 contribution

Zone D 56-75 miles – £4 contribution

Zone E 76-95 miles – £5 contribution

Zone F 96-115 miles – £6 contribution

When parking at the walk start, please ensure that cars do not block gates. Please take passengers in your car if driving to the walk start point rather than the official meeting place.

Date and meeting time	Description	Walk start grid reference	Grade & Distance (miles)	Leader
Thurs 04/07/2019 10:00	Starting at the CP near The Poacher's, a circular walk centred on Glyn Morlas. Zone A	SJ297364	Moderate 5.5	Nigel (Chirk) 079510 625774
Sun 07/07/2019 09:30	Circular walk from Trelawnyd along lanes, byways, field paths and tracks. Excellent views from the coastal hills of the Clwydian Range. Zone E	SJ091798	Moderate 7.5	Ruth & Phil 01948 710966
Thurs 11/07/2019 10:00	From Nesscliffe to Ruyton and return along the Kynaston Way. Zone B	SJ400198	Moderate 6	Gwen 01691 623362

Sun 14/07/2019 9:30	A moderate walk from Trefonen to Mynydd Myfyr, on to Moelydd and back along Offa's Dyke approx. 1,250ft of ascent. Zone A	SJ261270	Moderate 8.5	Peter & Ceinwen 01691 661714
Thurs 18/07/2019 10:00	A leisurely walk from Kinnerley along lanes and paths linking with the neighbouring community at Knockin. Zone A	SJ337212	Moderate 4	Pat H 01691 682272
Sun 21/07/2019 09:30	Llangynog. A moderate plus circular walk up to Moel Cryddyn at 1667ft via the Sebon Valley, over pathless moorland with excellent views of the Cadair Berwyn Ridge. A fairly steep climb initially and a couple of fences to negotiate. Total ascent 1894ft. Zone B	SJ054262	Moderate 7.5	Christine & Graham 01678 520646
Thurs 25/07/2019 10:45 at waterfall	From Pistyll Rhayader to the summit of Cadair Berwyn with 2,000ft of ascent. Moderate plus. Zone B	SJ077295	Moderate 6	Diane Gray 01691 680491 07986 506976
Sun 28/07/2019 09:30	A moderate walk from Much Wenlock, over pasture land, through woodland along the Shropshire Way and visiting Benthall Hall. Zone D	SO621997	Moderate 7.5	Carole & David 01691 624643
Thurs 01/08/2019 10:30 at layby	From Caemor Woods to Llechrydau and on to Pen-y-gwely reservoir. Zone A	SJ220352	Moderate 5.5	Dave Mathews 07910 518520
Sun 04/08/2019 09:30	A moderate walk through the Llandegla Forest, over moorland returning via Offa's Dyke. Zone C	SJ227520	Moderate 7.7	Dave Mathews 07910 518520
Thurs 08/08/2019 10:00	From World's End to Eglwyseg escarpment with 300 metres of ascent. Zone C	SJ232483	Leisurely 6	Huw 01691 658134
Sun 11/08/2019 09:30	A moderate walk from Llanrhaeadr ym Mochnant, across fields and along quiet lanes, some ascent. Good views. Zone B	SJ125260	Moderate 7	J Hudson 01691 780764
Thurs 15/08/2019 10:00	From Felin Puleston CP, visiting a type of ancient castle and a rescued hall on the way to Bersham. Zone B	SJ325493	Moderate 5.5	Ruth & Phil 01948 710966
Sun 18/08/2019 09:00	EARLY START A circular walk around Cwm Cledwen, North of Pentrefoelas. Good tracks upland pasture passing through the ancient village of Gwytherin before returning across Moorland. Total ascent 1,350ft. Extensive views of Snowdonia. Your leader will meet you at the start. Zone E	SH857599	Moderate 7	Diane & John 01691 622651
Thurs 22/08/2019 10:00	From Uffington Village up to Haughmond Hill and return passing Haughmond Abbey. Zone C	SJ528128	Moderate 5	Peter & Ceinwen 01691 661714
Sun 25/08/2019 09:00	EARLY START. A moderate walk from Dinas Mawddy around the Dovey Valley. Good paths, tracks and quiet lanes. Lovely views and a few ghost stories on the way. Zone E	SH859138	Moderate 7	Kirsten 01691 652645
Thurs 29/08/2019 10:00	Moderate six mile walk to the summit of Moel Famau with some stunning views. CP charge. Zone C	SJ172611	Moderate 6	Diane Gray 01691 680491 07986 506976

Sun 01/09/2019 09:30	A moderate walk from the site of the Motte and Baileys in Pulverbatch to Cothercott and the Wilderley Hills. Zone C	SJ423023	Moderate 8	Maggie Hill 07990 516469
Thurs 05/09/2019 10:00	From Trefonen to Myfyr Mountain by way of a new path with 500ft of ascent. Zone A	SJ261270	Moderate 5	Lorna Gwilliam 01691 831320
Sun 08/09/2019 09:45	A moderate circular walk from Chirk Bank through Bronygarth. Some ascent and descents with good views of Chirk Castle. Zone A	SJ291370	Moderate 7	Nigel (Chirk) 07951 625774
Thurs 12/09/2019 10:00	A four mile moderate walk from Trevor Basin through woods past Trevor Hall and back. Some ascent. Zone B	SJ272428	Moderate 4.5	Pat H 01691 682272
Sun 15/09/2019 09:30	A Leisurely walk from the village of Lee Brockhurst. Country lanes, woodland tracks and meadow paths. Leader will meet you at the start point over bridge by memorial. Zone C	SJ548268	Moderate 5	Jean 01939 291927
Thurs 19/09/2019 10:00	From Grinshill Church to Yorton Heath with 180ft of ascent on fields and lanes. Start at Corbett Wood. Zone C	SJ525235	Moderate 5.6	Richard 01691 653910 07810 337580
Sun 22/09/2019 09:00	EARLY START. A linear walk, moderate from Wharton's Lock, Shady Oak Pub CP near Tiverton SJ 533603. Includes Beeston Castle, Peckforton Castle, Bickerton Hill ending Larkton Hill CP. Some undulation. Transport arranged between members on the day. Finish NT CP off Old Coach road, Brown Knoll SJ 493525. Zone D	SJ533603	Moderate 7.8	Peter & Ceinwen 01691 661714
Thurs 26/09/2019 10:00	Ellesmere. A walk to celebrate the creation of the new Shropshire Way. The walk is a circular route incorporating Ellesmere, Spout Wood and Welshampton. Zone B	SJ398345	Moderate 7.5	John & Diane 01691 622651
Sun 29/09/2019 09:30	A moderate walk from Llanfyllin. Field paths and tracks, some ascent, good views. Zone B	SJ141195	Moderate 6	Kirsten 01691 652645
Thurs 03/10/2019 10:30	From Whittington Castle on lanes, fields and canal paths. Sometimes muddy. Zone A	SJ324311	Moderate 6.2	Richard 01691 653910 07810 337580
Sun 06/10/2019 09:30	From Jubilee Park Whitchurch, passing through the town, across fields, along lanes to Ash Magna and onto Brown Moss Nature Reserve. Returning along the Shropshire Way. Zone C	SJ537416	Moderate 8	Gwen 01691 623362
Thurs 10/10/2019 10:00	Hanwood. A moat, mine and mill through woodland and open fields. Some stiles. Zone C	SJ444096	Moderate 5.5	Lorna Gwilliam 01691 831320
Sun 13/10/2019 09:30	A moderate walk from Llanfechain. Fields and quiet lanes, some ascent, good views. Zone B	SJ189203	Moderate 7	J Hudson 01691 780764
Thurs 17/10/2019 10:00	From Ellesmere but avoiding the canal. Zone B	SJ398345	Moderate 5.5	Gwen 01691 623362
Sun 20/10/2019 09:30	A moderate walk from Dolanog. Tracks and lanes, steady uphill climb to start, good views, no stiles. Your leader will meet you in Dolanog CP opposite the Chapel. Zone C	SJ065128	Leisurely 7	Ann 01938 590 530 07714 430111

Thurs 24/10/2019 10:00	From Welshpool along Montgomery Canal and through Powis Castle grounds. Zone B	SJ229074	Moderate 4.5	Abbie 01691 830350
Sun 27/10/2019 09:30	A Moderate Plus walk from Hope Bowdler ascending Caer Caradoc, passing through the Wilderness to Cardington Village. Return via Willstone Hill and Hope Bowdler Hill. Zone D	SO473924	Moderate 9	Diane & John 01691 622651
Thurs 31/10/2019 10:00	A walk from Llansantffraid on tracks, fields and lanes with a couple of steepish climbs. Zone B	SJ225204	Moderate 5.3	Colin Chandler 01691 679069 07545 382869

Membership

Your Responsibilities

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. Safety of participants in group walks is always the paramount concern; however, accidents will occasionally occur. It is important therefore, that when entering into the activity, each participant appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Please make sure that you are fit enough to undertake the walk you intend to join. If you are unsure of your fitness level, try a short walk first. Most walks are off road in rural areas. ***Please have suitable footwear (normally boots) and clothing for the walk you intend to join, also you will need some food and drink. Leaders can refuse to accept participants who, in their opinion, are inadequately equipped or not sufficiently fit.***

Accidents/Incidents

Any incident or accident however minor must be reported to a programme secretary within 7 days of the completion of the relevant walk. This instruction includes participants on recces.

Path Problems

Path problems should be reported to the relevant council. For Shropshire Council report problems to Outdoor Partnerships; problem report forms can be found at <http://www.shropshire.gov.uk/media/213108/or-prow-problem-report.pdf>.

If you prefer you can inform the Footpath Secretaries (Chris Jenkins or Peter Carr) footpaths@oswestryramblers.org.uk as to the nature of the problem; giving the location, with grid reference if possible.

Postage Costs

The ever-increasing postage costs puts a strain on our group budget and uses money that would be better directed to campaigning to protect and improve our footpaths.

Historically three-quarters of our group members received their programme by email. For the group this was a great saving on postage and we were grateful that you chose to do so. **Unfortunately, due to GDPR, we can now only send emails if members have actively opted-in at HEAD OFFICE level.**

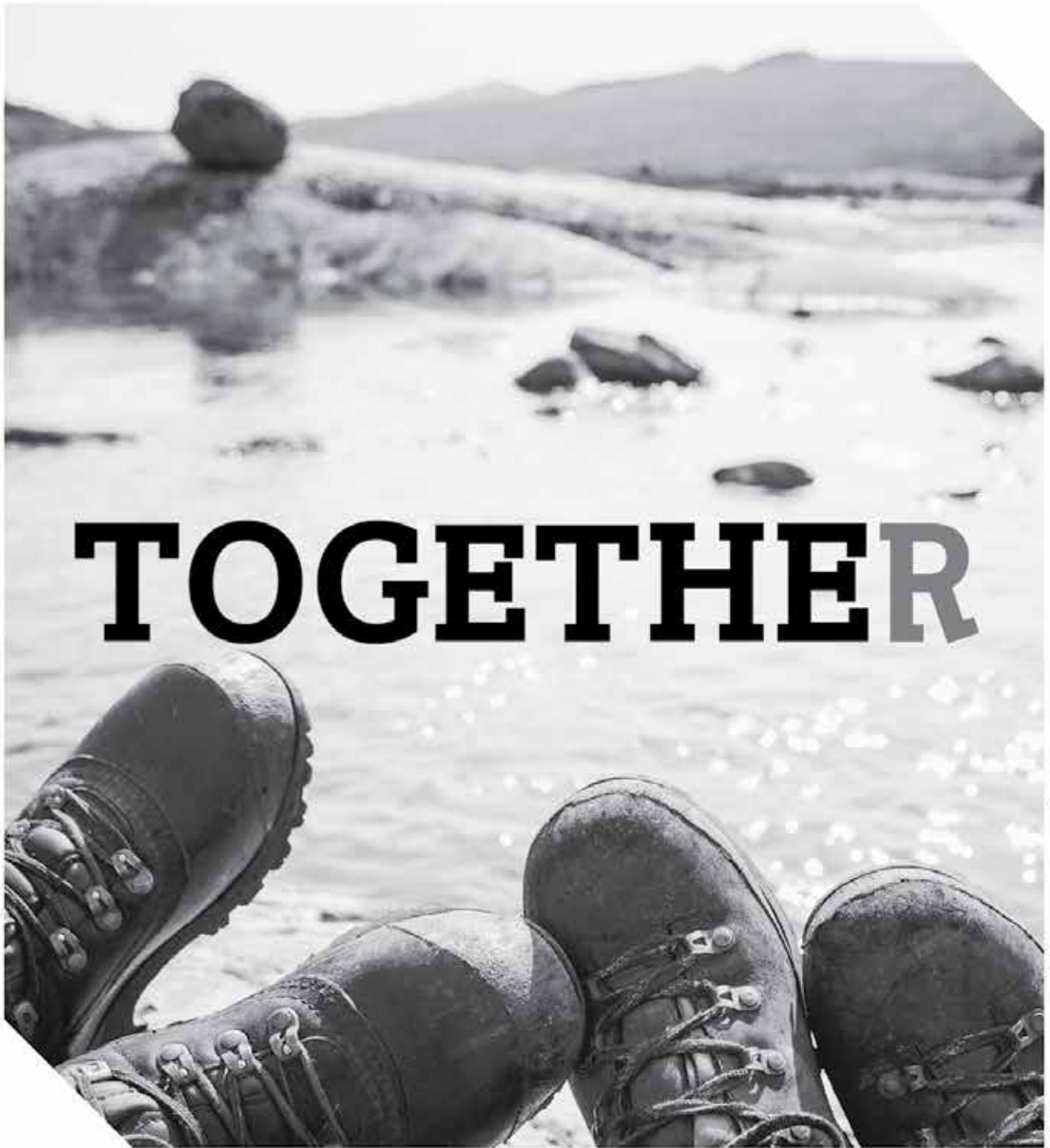
If you have email and wish to be kept informed of walk changes, cancellations, etc you must have contacted Head Office, either by telephoning the Membership Department on **0203 961 3232**, or by updating, or creating your **Ramblers Account** at <http://www.ramblers.org.uk/my-account> indicating your preferences.

A 'NO' response to email when selecting your opt-ins means that your local group cannot email you.

Oswestry Group Committee (at January 2019)

Responsibilities	Name and contact details
Chairman	Lorna Gwilliam chair@oswestryramblers.org.uk
Vice Chairman	Peter Danby chair@oswestryramblers.org.uk
Secretary	Jackie Knight enquiries1@oswestryramblers.org.uk
Treasurer	Pat Harper treasurer@oswestryramblers.org.uk
Footpath Secretary	Chris Jenkins footpaths@oswestryramblers.org.uk
Publicity & Press	Peter Danby publicity@oswestryramblers.org.uk
Programme co-ordination, publishing	Jane Hadlow publicity@oswestryramblers.org.uk
Thursday Programme	Ceinwen Danby programme@oswestryramblers.org.uk
Sunday Programme	Diane Smith programme@oswestryramblers.org.uk
Area Council Rep	Colin Chandler enquiries1@oswestryramblers.org.uk
Walking Environment Officer	Bob Kimber enquiries1@oswestryramblers.org.uk
Membership Secretary	Colin Chandler enquiries1@oswestryramblers.org.uk
Local webpage editor	Maggie Hill webmaster@oswestryramblers.org.uk
Social	Barbara Pryce-Jones enquiries1@oswestryramblers.org.uk
Committee member	Diane Gray
PPP Co-ordinator (non-committee)	Peter Carr footpaths@oswestryramblers.org.uk

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TOGETHER

A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute funds through **The Walking Partnership** to your group. Just tell us their name when you book.

Book a great value holiday:
ramblersholidays.co.uk
or call **01707 386804**



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